



ORTHOMED CLINIC AND SUPPLY

7200 Airport Rd, Mississauga, ON, L4T 2H3
 Phone: 905.671.0200 | Fax: 905.671.0270
 E-mail: info@orthomedical.ca
 Web: www.orthomedical.ca

ACUPUNCTURE & HOMEOPATHY CLIENT INFORMATION PACKAGE

Title: Mr. Mrs. Miss. Ms. Date: _____
 Gender: M F
 Full Name _____ Date of Birth: _____
 day / month / year
 Address: _____ City: _____
 Postal Code _____ Phone: Home: (____) _____ Mobile: (____) _____
 Are you taking medication? Yes No Describe: _____
 Did you have any accidents, hospitalization, surgeries? Yes No When _____

PLEASE CHECK SYMPTOMS/DISEASES

- | | | | | |
|--|--|--|--|--|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Loss of memory | <input type="checkbox"/> Neck pain | <input type="checkbox"/> Ears ringing | <input type="checkbox"/> Neck stiffness |
| <input type="checkbox"/> Face flushed | <input type="checkbox"/> Mid back pain | <input type="checkbox"/> Low back pain | <input type="checkbox"/> Loss of balance | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Whiplash | <input type="checkbox"/> Loss of smell | <input type="checkbox"/> Disk problems | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Decreased ROM | <input type="checkbox"/> Cold feet | <input type="checkbox"/> Cold hands | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Pins & Needles in Legs | <input type="checkbox"/> Upset stomach | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Cold Sweats | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Pins & Needles in Arms | <input type="checkbox"/> Broken bones | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Breast augmentation |
| <input type="checkbox"/> Pins & Needles in Toes | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> HIV | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Allergies to oils or perfumes | | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke | <input type="checkbox"/> Cancer |

Digestion

- | | | | | |
|---|--------------------------------------|---|----------------------------------|---|
| <input type="checkbox"/> Extreme appetite | <input type="checkbox"/> No appetite | <input type="checkbox"/> Cravings | <input type="checkbox"/> Dieting | <input type="checkbox"/> Tired after eating |
| <input type="checkbox"/> Bloating | <input type="checkbox"/> Gas | <input type="checkbox"/> Acid regurgitation | <input type="checkbox"/> Bulimia | <input type="checkbox"/> Heartburn/Ulcers |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Irritability or low energy between meals | | |

Intestinal

- | | | | | |
|---|---------------------------------------|--|--|-------------------------------------|
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Constipation | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Anal itching | <input type="checkbox"/> Gallstones |
| <input type="checkbox"/> Laxative use | <input type="checkbox"/> Bloody stool | <input type="checkbox"/> Mucous in stool | <input type="checkbox"/> Anal fissures | <input type="checkbox"/> Gout |
| <input type="checkbox"/> Intestinal pain/cramping | <input type="checkbox"/> IBS | <input type="checkbox"/> Colitis | <input type="checkbox"/> Other: _____ | |

Sleep

- | | | |
|---|---|--|
| <input type="checkbox"/> Fall asleep easily | <input type="checkbox"/> Lie in bed with eyes open | <input type="checkbox"/> Wake at specific times |
| <input type="checkbox"/> Wake repeatedly | <input type="checkbox"/> Wake frequently to urinate | <input type="checkbox"/> Vivid or Lucid Dreams |
| <input type="checkbox"/> Wake up not feeling rested | <input type="checkbox"/> Nightmares or frightening dreams | <input type="checkbox"/> Need drugs to fall asleep |

Head, Eyes, Ears, Nose and Throat

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Dry eyes | <input type="checkbox"/> Blurred vision | <input type="checkbox"/> Poor vision | <input type="checkbox"/> Nosebleed |
| <input type="checkbox"/> Night blindness | <input type="checkbox"/> Cataracts | <input type="checkbox"/> Macular degeneration | <input type="checkbox"/> Bleeding gums |
| <input type="checkbox"/> TMJ | <input type="checkbox"/> Sores on tongue or mouth | <input type="checkbox"/> Dry mouth | <input type="checkbox"/> Excess saliva |
| <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Sore throat | <input type="checkbox"/> Headaches | <input type="checkbox"/> Swollen glands |
| <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Earaches | <input type="checkbox"/> Tinnitus / ringing | <input type="checkbox"/> Deafness |

Cardiovascular / respiratory

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Heart palpitations | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> High cholesterol |
| <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Blood clots | <input type="checkbox"/> Swollen ankles | <input type="checkbox"/> Heart valve abnormality |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Cold hands / feet | <input type="checkbox"/> Dry cough | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Chest tightness | <input type="checkbox"/> Difficult inhalation | <input type="checkbox"/> Difficult exhalation | <input type="checkbox"/> Productive cough |

Skin / hair

- | | | | | |
|---|--|--|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Dry skin | <input type="checkbox"/> Rashes / hives | <input type="checkbox"/> Eczema | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Dandruff |
| <input type="checkbox"/> Pimples / acne | <input type="checkbox"/> Fungal infections | <input type="checkbox"/> Brittle nails | <input type="checkbox"/> Hair loss | |

Musculoskeletal

- | | | | | |
|--|---------------------------------------|--|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> Vertebral disc degeneration | <input type="checkbox"/> Joint pain | <input type="checkbox"/> Tendonitis | <input type="checkbox"/> Swelling | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Limited range of motion | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Carpal tunnel | <input type="checkbox"/> Numbness | <input type="checkbox"/> Spinal pain |

Neuropsychological

- | | | | |
|---|---------------------------------------|---|--|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Irritability | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Easily stressed | <input type="checkbox"/> Poor memory | <input type="checkbox"/> Tics | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Seasonal mood disorder | | <input type="checkbox"/> Job stress | <input type="checkbox"/> Recent divorce |
| <input type="checkbox"/> Death of someone close | | <input type="checkbox"/> Currently in therapy | <input type="checkbox"/> Financial setback |

Genito-urinary

- | | | |
|---|--|---|
| <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Loss of urine when laughing or sneezing | <input type="checkbox"/> Dribbling |
| <input type="checkbox"/> Incomplete urination / retention | <input type="checkbox"/> Burning urination | <input type="checkbox"/> Blood in urine |
| <input type="checkbox"/> Wake frequently to urinate | <input type="checkbox"/> Kidney stones | <input type="checkbox"/> Bedwetting |
| <input type="checkbox"/> Decreased libido / sexual desire | <input type="checkbox"/> Impotency | <input type="checkbox"/> Infertility |

Men only

- | | | |
|--|---|---------------------------------|
| <input type="checkbox"/> Prostate problems | <input type="checkbox"/> Erectile dysfunction | <input type="checkbox"/> Herpes |
|--|---|---------------------------------|

Women only

- | | | | |
|--|---|--|---|
| Headaches <input type="checkbox"/> before menstrual cycle <input type="checkbox"/> during cycle <input type="checkbox"/> after cycle | | | |
| <input type="checkbox"/> Abortion(s) | <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Live births | <input type="checkbox"/> Birth control pills <input type="checkbox"/> Breast cancer |
| <input type="checkbox"/> Ovarian cysts | <input type="checkbox"/> Fibroids | <input type="checkbox"/> Candida / yeast | <input type="checkbox"/> Vaginal discharge <input type="checkbox"/> Herpes |
| <input type="checkbox"/> Vaginal odor | <input type="checkbox"/> Vaginal sores | <input type="checkbox"/> Pain at ovulation | <input type="checkbox"/> STD history |
| <input type="checkbox"/> Human Papilloma Virus positive | <input type="checkbox"/> Fibrocystic breast | <input type="checkbox"/> Irregular cycle | |
| <input type="checkbox"/> Cramps / low back pain | | <input type="checkbox"/> Acne associated with period | |
| <input type="checkbox"/> Constipation or diarrhea associated with period | | <input type="checkbox"/> No period / skipped cycles | |
| <input type="checkbox"/> Emotional irritability or depression associated with period | | <input type="checkbox"/> Bleeding outside of regular menstrual cycle | |

WAIVER

I, the undersigned, have read, understand, and have answered the above survey/questions fully and truthfully. I am aware of my responsibilities to consult with my personal physician regarding my medical fitness to engage in exercise. I do hereby intend to be legally bound for myself and waive release of any and all rights and claims for damages I may have against the treatment facility and the acupuncture professional administering the treatment program provided to me.

INFORMED CONSENT FORM

I understand that there will be one to ten treatment sessions. I know that I can request additional treatments, as needed, after that time. I understand that these treatments will include the stimulation of acupuncture points on the ear and body and that there is sometimes uncomfortable sensations when this procedure is done. I understand that my participation will involve completing several surveys of health distress and pain intensity. I understand that I am not required to fill in a response to any question that I do not feel comfortable answering.

Acupuncture is a technique utilizing fine sterile disposable stainless steel needles inserted at specific points in the body to cause a positive response in order to correct various ailments. The location of the application of the needles and the depth of their insertion is determined by the nature of the problem. I understand that the application of these needles may be accompanied by some painful sensations and that there is a slight possibility that a minor swelling, bleeding, discoloration, hematoma, fainting, or bruise may occur at the site of insertion. A sensation of momentary euphoria or light-headedness may occur after acupuncture treatment. I will immediately notify the acupuncturist if I experience any symptoms or problems. **Laser Acupuncture** involves using a infra-red laser and red light beam. The treatment is absolutely painless. **Moxibustion** is the application of indirect heat supplied by burning the herb Folium Artemisiae vulgaris, or commonly known as "Mugwort plant", over a single or group of acupuncture points. The area of treatment may remain red and warm for several hours afterwards. In rare incidence a minor burn may occur at the site of moxibustion. I will immediately notify the acupuncturist if I experience any symptoms or problems. **Cupping** utilizes round suction cups over a large muscular area such as the back to enhance blood circulation to the designated area. This method may produce deep redness, discoloration, and on rare occasion a minor blister may form that may persist up to several days but will eventually disappear. **Herbal Nutrients** are utilized to facilitate the body's own restorative process. These herbs are usually taken in tea form by boiling dried plants in their natural form. On rare occasions, temporary gastric upset may occur. If any discomfort persists, accompanied by hives or shortness of breath, I will advise my attending acupuncturist immediately.

There are risks involved in any procedure or treatment. I do not expect the acupuncturist to be able to anticipate all risks and complications related to my condition, and I understand that all medical conditions cannot be successfully treated by acupuncture or Chinese Medicine. I understand that an acupuncturist is not a medical doctor. I desire to rely on the acupuncturist to exercise judgment during the course of treatment which the acupuncturist deems appropriate and in my best interests, based upon facts then known. I also understand that, whenever necessary, I must continue to seek treatment with a medical doctor for any conditions which cannot be resolved by acupuncture or Chinese Medicine. The nature and purpose of the treatment have been explained to me. I have read and understand this agreement. All of my questions have been answered to my satisfaction and I consent to the terms of this agreement. Alternative methods of treatment and their risks and benefits have been explained to me and I understand that I have the right to refuse treatment.

I release ORTHOMED CLINIC AND SUPPLY and a treating acupuncturist and/or specific technicians from liability associated with this procedure. I certify that I am a competent adult of at least 18 years of age. This Consent Form is freely and voluntarily executed and shall be binding upon my spouse, relatives, legal representatives, heirs, administrators, successors and assigns. Note: All prices are subject to change without prior notice. **I confirm that all acupuncture needles are sterile and disposable and that they were taken out of the package by the practitioner in front of my eyes.**

CLIENT SIGNATURE _____ Date _____

Parent or Legal Guardian Signature _____ Date _____
(if client is under 18 years of age)